

## **HIGH CASCADES HARP RETREAT**

**JUNE 17-19, 2016**

**WHAT:** A packed weekend of workshops for pedal and lever harpist of all levels, led by outstanding teachers, catered by experienced chefs, in the heart of the Oregon Cascade Mountains.

**WHERE:** Suttle Lake Camp and Retreat Center, only two hours from the Willamette Valley, and an hour from Bend. Enjoy the beauty of the deep hemlock forest on the shores of one of Oregon's most serene mountain lakes. The Wesley Meadow lodge sleeps up to 32 people in rooms of 2-4 people. Beds and mattresses are provided, but we must bring our own sleeping bags and linens. Delicious fresh meals will be provided by the Harp Retreat staff.

**WHEN:** June 17-19; Friday evening (check in begins at 4:00) through Sunday afternoon 1:30.

**WHO:** Hosted by Laura Zaerr and Hilary Smith. For information, contact Laura 541-757-8313 or e-mail [lauraz@peak.org](mailto:lauraz@peak.org), or contact Hilary at [harpsisters@gmail.com](mailto:harpsisters@gmail.com) or 541-549-1229.

**Kim Robertson** Kim's name has become synonymous with the Celtic harp. Her ability to reach into its strings and pull from it hidden treasures has made her one of the most highly sought after harpists and workshop presenters today. As a pioneer in the American folk harp movement, her original compositions and arrangements of traditional Celtic music continue to stretch the boundaries of the harp. Combining innovative techniques with a passionate sense of tradition, she brings a modern touch to a centuries' old instrument. Her workshops are always highly informative with a practical sensibility, and good down-to-earth fun.

**Laura Zaerr** has been performing and teaching in the Valley for thirty years and is a music graduate of the Eastman School of Music. Laura has presented workshops and concerts throughout the United States and into Canada. She has recorded numerous CD albums, including original compositions which encompass a variety of styles on both pedal and lever harp. Currently she heads the harp department of the University of Oregon and has been instrumental in initiating the Lever Harp Degree Program.

**Rebecca Hilary Smith**, a graduate of the U of O Music School, successfully taught and freelanced as a harpist in Honolulu for a decade before moving back to Oregon in 2007. Classically trained in piano, harp and pedagogy, Hilary encourages her students with a warm sense of humor and invites them to explore their own individual relationship with music. Currently she performs and teaches in Sisters and environs, and is a member of the faculty of the Cascade School of Music in Bend.

**HOW:** Send this registration form (with checks payable to "Laura Zaerr") to: **Harp Retreat/ Laura Zaerr 3015 NW Taft Ave.  
Corvallis, OR 97330**

When your registration is received, we will send you maps and relevant information one month before the retreat as well as some of the music we will be working on so you can get a head start.

**HIGH CASCADES HARP RETREAT 2016 REGISTRATION**

Name \_\_\_\_\_  
 Mailing Address \_\_\_\_\_  
 \_\_\_\_\_  
 Phone number(s) \_\_\_\_\_  
 Email \_\_\_\_\_

**Emergency contact (include relationship)**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Initial here if we have your permission to share your contact info with other participants \_\_\_\_\_

**I am registering for** \_\_\_\_\_ entire week-end, stay at the lodge **\$325 / \$375**  
 \_\_\_\_\_ entire week-end, sleep elsewhere **\$260 / \$295**  
 \_\_\_\_\_ Saturday only (includes meals) **\$230 / \$265**  
 \_\_\_\_\_ significant other (meals and lodging only) **\$145 / \$170**

**Bold type indicates the early bird special if you get your registration in by April 1st.**

**I will be bringing** \_\_\_\_\_ my pedal harp \_\_\_\_\_ my lever harp \_\_\_\_\_ a significant other\* \_\_\_\_\_ a teddy bear  
 \*S.O./ friend name(s) \_\_\_\_\_

**I have the following special needs:** \_\_\_\_\_ rent a harp \_\_\_\_\_ help carrying or moving a harp  
 \_\_\_\_\_ chocolate \_\_\_\_\_ coffee in the morning \_\_\_\_\_ tea at night \_\_\_\_\_ vegetarian food \_\_\_\_\_ more info  
 Allergies to: \_\_\_\_\_

\_\_\_\_ I may be interested in scheduling a private lesson with Kim \_\_\_\_\_ I may be interested in scheduling a massage

**TOTAL AMOUNT DUE** \_\_\_\_\_ Send check payable to "Laura Zaerr" to:

**Harp Retreat/ Laura Zaerr- 3015 NW Taft Ave.- Corvallis, OR -97330**

Please indicate **your harp background, performance level, & any other details** that would help us determine how best to make this weekend meaningful to you (even if you've already done this before, so Kim can read about you): \_\_\_\_\_  
 \_\_\_\_\_

To help us with scheduling, **please indicate what you are interested in learning by circling** or highlighting anything that is of interest to you- or ~~crossing out~~ what you're not at all interested in)

Learn about styles I am not familiar with (such as \_\_\_\_\_)

How to adapt a song from piano music to the harp

Improving my improvising

Improving sight reading

Harp special effects and how to use them

Overcoming performance anxiety

Becoming a more confident performer

Have a master class (I'll play)

Have a master class (I'll watch)

Developing fluidity and speed

How to make my practice sessions more effective

Stretches, exercises and body dynamics for harpists

Singing and accompanying myself on harp

Inspiration

Relaxation

Meditation

How to learn a song by ear

Learn specific songs (such as \_\_\_\_\_)

How to arrange a song to my taste/ ability

New or expanded repertoire

Getting the most out of my practice session

Improving rhythmic accuracy

Advanced chord theory (for jazz & color)

Playing the harp while singing

I would like to play for others at the retreat

History of the harp in faraway places and times

Ornamentation (Celtic \_\_\_\_\_ classical \_\_\_\_\_)

Group playing/ ensemble time

Understanding chords

How to arrange for two or three harps

**ANYTHING AND EVERYTHING!**